

# Public Outreach Bus Campaign

Portland Metro districts are banding together on a Public Outreach Project to have our Al-Anon sign below placed on the back of around 37 busses around our area (Forest Grove to Gresham, and North Portland to Wilsonville). Each bus will make an impression on 23 thousand people! What a wonderful way to spread the word to help family members of alcoholics.

## HOW YOU CAN HELP!!!

We need volunteers at the AIS office to assist in answering the volume of phone calls we are anticipating from this campaign. Below are comments from present and past volunteers on the benefits of service through volunteering.

*I volunteer 2 hours a week in the AIS office. The first time I answered the phone I was afraid of making a mistake! How Al-Anon of me! The experience was wonderful. I shared and I listened for 30 minutes. That's why we need more volunteers. Come have fun at AIS.*

*Caralynn W.*

*AIS is a wonderful and friendly place to spend time and know that you are being useful. It is wonderful to be able to help people. That is why I volunteer. I love helping people find meetings and letting them talk. Volunteering helps me understand how the AIS office works and what it is all about.*

*Diana D.*

*Volunteering at the AIS office has been a great benefit for my recovery in the program. It has helped e learn how the program works and how sharing experience, love and peach of the program helps others. I want to be there for newcomers, as others were there for me when I entered the program.*

*Judi W.*

*I find great satisfaction in spending time volunteering around program friends in a peaceful environment.* Val V.



**IF YOU WOULD LIKE TO VOLUNTEER, PLEASE  
CALL THE AIS OFFICE AND SPEAK TO BETH OR  
NANCY @ 503-297-3551**

**AL-ANON INFORMATION SERVICE  
1750 SW SKYLINE BLVD. #133  
PORTLAND, OR 97225**