

_Oregon Area Assembly Minutes

November 20 - 21, 2010

Medford Oregon

Host District 7

The Assembly was called to order by Chairperson, Rita, B, at 9:00 AM with a moment of silence followed by the Serenity Prayer. The Steps were read by Hannah and the Traditions were read by Barb S.

Announcements: Rita B., Chairperson, read the 'Microphone and Voting Statement'. Cindy E. stepped down from the Alternate Delegate position for personal reasons. Chairperson, Rita B. appointed Billie L. as Alternate Delegate until the March Assembly when the position for Alternate Delegate will be held for election. (see Attachment 1)

Roll Call - New GR Introductions and Welcome: Mary W, secretary

- Excused: Oregon Delegate, Bette R., Group Records Coordinator, Helen M., CPC coordinator, Colleen M., The Communicator coordinator, Lisa B., Website Coordinator, Misty L.; DR district 1, Chris K., DR district 3, Vickie H., DR district 5, Jerri B.,
- The District Representatives introduced their GRs, and welcomed visitors from their districts.

Secretary's Report: Mary W.

Minutes of July 2010 Assembly were approved with corrections.

Housekeeping: Host District 7, Sue B.

Treasurer's Report: Bunny G. (see Attachment 2)

Delegates Report: Bette R. via Bunny G. (see Attachment 3)

Breakout Sessions / DRs / GRs / Others

DRs / Sharing with each other

GRs / Orientation & Sharing & Q&A

Others / continued work on position descriptions

Budget: Sue B (see Attachment 4)

Line 78, 79 and 82 shows what projected budget is expected to be.

One question was why there wasn't a line item to send money to WSO. The philosophy was "if I donate money to an organization, I want that organization to use that money; I don't want them to donate it to someone else." If people want the Oregon Area to donate money to WSO, this can be put into the budget. P 93 of Service Manual "Financial matters ...Districts, Intergroups, AI-Anon Information Services (AIS), literature distribution Centers, Areas, General Service Offices, and many other AI-Anon service entities may also contribute directly to the WSO without limit."

In the budget process we project all possible expenses for the whole year. This projection is usually more than what the actual costs are. We can't spend more than the budget actually is. We project to

the best of our ability what the maximum cost could be. If we don't have enough money in the budget, than we have to send out appeals to groups.

Motion #1 - To accept the proposed 2011 budget.

It was moved and seconded that we accept the 2011 budget.

Yes Votes 62; No –none, Abstention - none

Literature Coordinator: Candidates, Brenda M., District 12, Paula J., District 10

Brenda had the majority of votes and is now the Literature Coordinator.

Alateen Coordinator:

Carolyn H stood for this position. No one else stood so Carolyn was appointed by proclamation. She stepped down from Forum Coordinator position.

Group Records Coordinator: Helen M. has some medical issues but will continue as Group Records Coordinator with the support of her husband and fellowship members.

Gas mileage / Thought Force / Review 80 mile deduction / report.

The Thought Force will recommend elimination of the 80 mile deduction.

March 2011 Assembly report: Tedie H., District 13, Roseburg

Theme will be "Our prescription for recovery, keep it simpler." The assembly will be at Mercy Hospital. Block of rooms have been saved at Holiday Inn Express. Assembly will be March 18-20, 2011.

SSM 2011 Report: Michelle and Marvallee, District 7

- Will be in Medford at the Red Lion Hotel in May 20-22, 2011
- Theme is "We".
- Ellen C from Texas will be the speaker.
- The group that sends in the most money from the "we" bag will get a bag of books worth \$237. So far District 7 has collected \$1500 from 31 groups; deadline is March Assembly.

TEAM Discovery skit: Skit to promote the TEAM event in Seabeck.

Payments due April 1. Two scholarships have been donated for the full amount of TEAM event. To apply for the scholarship, fill out the TEAM registration form and put "scholarship" across it. Sixty-nine individuals have registered so far. One hundred twenty-five spots are available for Oregon. It is open to anyone. The cost for the bus to Seabeck is \$45.

Bus to TEAM Discovery: Judy

Judy presented information about a bus that is available for transportation from the Portland area to Seabeck for the TEAM discovery event. Flyers are on the OA web site.

Alateen Presentation: Billie L., Interim Alternate Delegate

Billie L. presented a Power Point slide show, introducing Alateen service.

Closed at 5:10 pm with Al-Anon Declaration

The meeting was opened at 8:00 a.m. with a moment of silence and the serenity prayer. Deanna read the concepts and warranties.

Action Committees Reports

Public Outreach – Marianne C. (see attachment 5)

Fellowship Communication – Carolyn H. (see attachment 6)

Membership Outreach – Melissa (see attachment 7)

Group Services – Ted (see attachment 10)

Business – Kim (see Attachment 9)

Group Services presentation – Kelly (see attachment 8)

Group Representative Sharing (see attachment 8)

Fellowship Communications / Skit

Public Service Announcement (PSA): Joanne C showed the PSA that will be in theaters over the holiday season. The PSA will be available to other districts upon request.

Flyers & Approval information: Bunny

This report will be presented at the February AWSC.

November 2011 Assembly

District 10 SW Portland won the bid for the November 2011 Assembly.

May 2012 SSM

Astoria, District 1 will host the May 2012 SSM

Colleen expressed gratitude for everyone that brought their schedules to take to the women at Coffee Creek institutions meeting.

Forum Coordinator Appointment

Rita appointed Paula J to be the interim Forum Coordinator until the vote at the March assembly for the position.

Past Delegate to go to NW delegate conference

Bunny's name was picked to be the past delegate to go to the NW regional delegate meeting in Minot, ND.

The meeting was adjourned at 10:30 a.m. with the Al-Anon Declaration.

Respectfully submitted,
Mary W.
Oregon Area Secretary

Ask-It Basket #1: Susan G.

Q. A few nights ago I went to the Area website for meeting information and was surprised that an Al-Anon PSA came blaring on in my quiet home. I was immediately filled with the dread and concerns of

a new member who is quietly seeking information for help without the family being made aware of what they are doing. Is there some way to have the PSA not play unless it is clicked on? I really want the help I can find at the website but not the audio promotion unless I choose to hear it for myself. I really appreciate your consideration for our safety and well-being.

A. Susan suggested that anyone bothered by the PSA send an email the website coordinator and let her know your feelings.

Ask It Basket #2 Susan G.

Q. Can the meeting list and internet be changed to say “adult child focus” (instead of just adult child)? There is a lot of confusion that people don’t understand what it means. Some people think that they shouldn’t go because they aren’t Adult-Children of Alcoholics.

A. Yes, the listing can be changed but we will need further discussion as to how to change it.

Ask It Basket #3 Susan G.

Q. Can the meeting list and internet be changed to explain further a closed meeting?

A. The service manual (old one) p37 (new one, p38) says “Generally Al-Anon meetings are “**closed**”, limited to members and prospective members, giving them the freedom to share and listen to the experience, strength, and hope of one another on a confidential and anonymous basis.’....” **All Alateen meetings are closed,**” Concerns about the website should be addressed to the website coordinator, Misty L.

Ask-It-Basket #4, Judy J.

Q. Why can’t dual members served outside of the group level?

A. See p78 of AL-Anon Alateen Service Manual. Bottom line is it is a conflict of interest.

Ask-It-Basket #4, Judy J.

Q. In the 2007 International Convention – wording re Tradition 11, email was supposed to be added – why isn’t that wording in the new Handbook

A. See Al-Anon Alateen Service Manual p40, 80 and 88. “The principle of anonymity acts as a restraint on members at the public level to assure that no one will use Al-Anon for profit, prestige, or power. This means that at the level of press, radio, films, TV, and the Internet, full names and faces of Al-Anon and Alateen members would not be used. No Al-Anon member can speak as an authority on Al-Anon in the media.” P 80. Electronic meetings. P88 Anonymity and the Media. Tradition Eleven gives a specific guideline: “we need always maintain personal anonymity at the level of press, radio, films, and TV.” Members’ full names and faces are not posted if they are identified as Al-Anon/Alateen members on any Web site accessible to the public, whether an Al-Anon site or not,

Ask-It-Basket #5, Judy J.

Q. There are quotes in our readers that are from non-Al- anon people. Do these become CAL?

A. All books have been through CAL are conference approved and have gone through our process. Therefore, anything in them is CAL.

Ask-It-Basket #4, Judy J.

Q. The place that we are meeting is asking for insurance liability. What do we do?

A. Often people try to get a rider on the place’s insurance. See Service manual p.55 in new manual and p 40 in old manual.

Attachment 1

November 16, 2010

Rita,

My sincere apologies, but I need to step down as Alternate Delegate at this time for personal reasons. All of my love and support goes to the Oregon Area and I know someone will step forward that can do a fabulous job in helping to lead our Fellowship in love and spiritual growth.

Cindy E.

Attachment 2

Oregon Area Al-Anon

11/12/2010

Cash Flow Statement vs. Annual Budget

	A	B	C	D	E	F
1		Jan 1, 2010 - October 31, 2010		2010 Budget		Over/Under Budget
2	<i>Income</i>					
3	Group Contributions	\$ 12,034.72		\$ 12,000.00		\$ 34.72
4	Assembly Registrations	\$ 1,319.00		\$ 2,000.00		\$ (681.00)
5	State Speaker Meeting	\$ 5,527.78		\$ 4,000.00		\$ 1,527.78
6	Advances	\$ 1,500.00		\$ 1,500.00		\$ -
7	Miscellaneous	\$ 115.77		\$ -		\$ 115.77
8	Beginning Cash Forward	\$ 12,228.16		\$ 14,000.00		\$ (1,771.84)
9	<i>Total Income</i>	\$ 32,725.43		\$ 33,500.00		\$ (774.57)
10	<i>Expense</i>					
11	Delegate Fund					
12	WSO ETF	\$ 1,834.00		\$ 1,834.00		\$ -
13	Extra Day	\$ -		\$ 250.00		\$ (250.00)
14	Delegate Meeting	\$ 1,119.51		\$ 1,200.00		\$ (80.49)
15	Delegate Travel	\$ 417.03		\$ 1,200.00		\$ (782.97)
16	Delegate Miscellaneous	\$ 111.90		\$ 150.00		\$ (38.10)
17	Total Delegate Fund	\$ 3,482.44		\$ 4,634.00		\$ (1,151.56)
18	Working Fund Expense					
19	Archive Rent	\$ 703.00		\$ 703.00		\$ -
20	Area Travel Fund	\$ 1,595.83		\$ 4,500.00		\$ (2,904.17)
21	Communicator	\$ 524.99		\$ 1,500.00		\$ (975.01)
22	SSM Advance	\$ 1,500.00		\$ 1,500.00		\$ -
23	Assembly/AWSC Rent	\$ 2,750.00		\$ 2,900.00		\$ (150.00)
24	Insurance	\$ -		\$ 900.00		\$ (900.00)
25	Total Working Fund Expense	\$ 7,073.82		\$ 12,003.00		\$ (4,929.18)
26	Assembly Allowance/Meal/Lodging					
27	Officers	\$ 1,257.62		\$ 2,400.00		\$ (1,142.38)
28	Audit/Budget	\$ 546.61		\$ 1,170.00		\$ (623.39)
29	Coordinators	\$ 1,604.49		\$ 3,510.00		\$ (1,905.51)
30	Past Delegates	\$ 966.72		\$ 2,100.00		\$ (1,133.28)
31	Regional Trustee	\$ -		\$ 500.00		\$ (500.00)
32	Total Assembly Allowance/Meal/Lodging	\$ 4,375.44		\$ 9,680.00		\$ (5,304.56)
33	Officers Expenses					
34	Alternate Delegate	\$ 125.83		\$ 150.00		\$ (24.17)
35	Chairperson	\$ 21.26		\$ 150.00		\$ (128.74)
36	Secretary	\$ 40.59		\$ 350.00		\$ (309.41)
37	Treasurer	\$ 229.58		\$ 300.00		\$ (70.42)
38	Total Officers Expenses	\$ 417.26		\$ 950.00		\$ (532.74)

Attachment 3

NOVEMBER 2010 DELEGATE'S REPORT

As you all know, the theme of the 2010 World Service Conference was "CELEBRATE – Embrace the Group Conscience to Expand Our Circle of Hope". There is a lot to celebrate in this first year of Oregon Area Panel 50, including the Public Service Announcements in theaters, the TEAM event planning together with Washington, many wonderful public outreach and program activities in the Oregon districts, and the hard work of all of you that has benefited all of Oregon Area. Please take the time now to give yourselves a big hand for all that you have accomplished in 2010!

This first year has not been without its difficulties as we are all learning how to do our jobs, which takes time and experience. We have struggled with implementing Knowledge- Based Decision making in part because it is new and uncomfortable and change is difficult for most of us in Al-Anon, including me. I must remember that we do service in love and love is kind and tells the truth.

I TRULY miss being with each one of you at this November Assembly but trust that we are all exactly where we are supposed to be and that a Power than Greater than Ourselves is leading and guiding each one of us as we continue to recover from the effects of the disease of alcoholism and help others to do the same. I find that the only way for me to serve in Al-Anon is to continue to allow our 36 Legacies to work in my life on a daily basis and to make the difficult choices that sometimes implies. When I came into Al-Anon, the first thing I wanted to do was to run away, because I had some awareness of just how much change needed to happen in my life and how painful it was going to be. In reality it was even more painful than I had anticipated, yet today I am living a life that I never believed possible and it has been worth what seemed at the time like facing a firestorm of change. I also find that there are continued deeper layers of change and discovery open to me through the application of our 36 Legacies in each and every situation that arises in my life and my service position today. Service is recovery and recovery is service.

As a new delegate, only one short year ago I was told, "embrace the controversy, its part of your personal growth." That is much easier said than done, yet I know it to be true. My sponsor also told me years ago that many of God's gifts do not come in beautiful packages wrapped in bows, but in ugly brown packages wrapped in string, but in that ugly brown package is my Higher Power's next miracle for me if I can see it and accept it as the gift that it is.

Everyone in this room today is a leader and I find it essential as a leader to regularly study Bill W's essay on leadership that begins on page 191 of the Al-Anon Alateen Service Manual 2011-2013. These are just a few points from the leadership qualities that Bill provides deep insight into in this essay:

- A good leader is a person who can put principles, plans, and policies into such dedicated and effective action that the rest of us want to back up him and help him do his job.
- A good leader originates plans and policies for the improvement of our fellowship.
- Good leadership never passes the buck.
- Another qualification for leadership is "give and take", the ability to compromise cheerfully whenever it can cause a situation to progress in what appears to be the right direction.
- Leadership is often called upon to face heavy and sometimes long-continued criticism-an acid test.

My commitment in 2011 is to continue to allow a Power greater than myself to work in my recovery and my service so that both will continue to expand. My hope is that all of us will choose to love each other and work through our difficulties and disagreements together using all of the tools of the

Program that are at our disposal. None of us will do it perfectly but if we work together we will continue to expand our circle of hope one day at a time.

Someone recently said... "what does OREGON want to do? We don't have to do things any way except how WE want to do them." My hope for all of us is that OREGON wants to be a part of the world-wide fellowship of Al-Anon in every way. I found insight on this topic on page 17 of the November issue of the FORUM in an article by Robert S., WSO Director of Communications "...in Al-Anon there is no "us vs. them"—only a fellowship of people affected by someone else's alcoholism... Thinking of myself as a victim was at the root of my negative "us vs. them" attitude early in the program. I was more inclined to suffer in isolation than to share in the fellowship. I didn't fully understand that abundance was a choice that was available to me. Do I think that the WSO is "governed" by people with whom I can argue or is it guided by "one authority—a loving God as He may express Himself" (Tradition Two) through the various group consciences of the service structure? Do I see myself as an isolated individual struggling to get by—or as a full participant in a global fellowship that is fulfilling the plan of a Higher Power? My answer to these questions is a projection of where I stand with my program—and in my life."

In news from the World Service Office, the quarterly letter from Mary Ann Reid, Chairperson of the Board of Trustees, is currently posted on the member website and reads in part:

"In these ever-changing times, attending Al-Anon Family Group meetings can help us find the strength, courage, and serenity to work through our difficulties. We came to Al-Anon to learn to cope with someone else's drinking, and in time discovered that the principles of the Al-Anon program could be applied to all aspects of our lives, because Al-Anon is a way of life.

The Al-Anon program helped me to become willing to accept change. Do I always like change? No. Can I accept that change is inevitable? Yes. For example, in my early years of attending Al-Anon, the meetings were mainly composed of spouses of alcoholics; it was uncommon to see a man at meetings. There was little attention given to adult children or parents of alcoholics, and gays and lesbians were guarded when it came to discussing their relationships. Meetings had to be held in churches and lasted for one and one half hours. There was minimal flexibility. Today's Al-Anon members are from various cultural backgrounds, and I use cultural in the broadest sense of the word. So let's ask ourselves: Are we always welcoming to prospective members, regardless of their cultural practices?

Are we tolerant of those seeking help because a family member has multiple addictions, combined with perhaps a mental diagnosis? Do we take time to explain the Al-Anon program and its focus, and offer them the opportunity to decide if Al-Anon is the right place to be?

Do we welcome teenagers to Al-Anon meetings where no Alateen meetings exist? Have we thought of holding meetings in venues other than churches? Have we considered that the duration of meetings might be shorter than one hour in order to be held during lunch breaks?

The above questions are just a portion of the ongoing discussions at Board meetings as we approach the question: "What external changes in the environment will affect Al-Anon in the future?"

With the future of Al-Anon Family Groups in mind, the Board of Trustees met with a consultant to evaluate its current work and to consider what it is doing correctly, what it is doing that it needs to do differently, and what it is not doing that it needs to be doing. The answers will evolve over time as we work to fulfill our primary purpose. As stated by the Sixth World Service Conference, "There is no standing still without retrogression."

Prior to the meeting, the Board took a self-evaluation, which indicated that the Board has a clear understanding of the present work and future direction. The consultant was very complimentary to the Board in its use of the Knowledge-Based Decision-Making (KBDM) process to discuss issues and its focus on Strategic Planning. We further discussed how to integrate the staff into the planning process.”

Please take time to read the entire letter which also contains a WSO finance update and a policy update.

In other news from the WSO, by now each group should have all received a copy of the “Al-Anon Alateen Service Manual 2010-2013” in the mail. If your group did not receive a Service Manual, please check with your DR to be sure that your current mailing address is correct.

The Dual Member Thought Force, which I am a part of, has almost completed its work and we are in the process of preparing a PowerPoint presentation for the 2011 WSC. We’ve had many conference calls, e-mail communications and have together worked through and revised our strategies several times based on the charge that was given to us in early 2010, which is to research ideas and possibilities on how to include dual members in service work while maintaining our policies. We received our charge and met in person at the 2010 WSC. Then we continued to meet monthly and our Chairperson, Melissa Field, Panel 48 Delegate from Maine, did a great job in preparing agendas for our meetings and a draft document summarizing our findings. We all submitted comments and revisions to the draft document and discussed those in our conference calls.

In Sep. 2010 Melissa, as Chairperson, had a conference call to review our proposed Thought Force document with the Chairperson of the Executive Committee and the Chairperson of the Board. Although they liked some of our proposed strategies, they requested that we revisit our thought force charge and focus on it more directly. They reminded us that the charge does not ask us to develop ways to explain or defend the current policy. Yes, there was some “angst” about the comments made on a document that we had worked hard to develop and felt was pretty darn good. The change in direction caused us all to come together again and re-evaluate the work of our Thought Force in light of the charge that we were given, and the result is something that reflects an informed group conscience that developed through strategizing together and working through our difficulties together. We believe that the final product will be something that is positive and helpful to the membership. It is an honor to be asked to help facilitate a leadership workshop at the 2011 WSC on “Communication-Presentation and Reporting Skills” together with Judy Philson, a member of the Board of Trustees. We will be meeting by conference call this afternoon to begin putting our workshop together, which will be reviewed and approved by the Board of Trustees prior to presentation at the WSC.

At the October AWSC, we began a discussion of our vision and goals for the rest of our time as Panel 50. Many good ideas emerged from this discussion and will be expanding on these and will report further at the March Assembly.

Finally, last Saturday, Magdalena (Washington Delegate) and I met with Spanish speaking members in Newberg to give a presentation on service at the group level and above the group level. We shared parts of our Delegate’s Report in Spanish and it was exciting to see their love and enthusiasm for the Al-Anon program and for service. We also shared about TEAM and passed out the TEAM flyer in Spanish. My hope is that the Spanish membership will consider forming their own district so that they can have that link of service in place and we can benefit from their participation at the Area and they can benefit from being more connected to Oregon Area and to Al-Anon as a whole.

I love you all from the bottom of my heart and look forward to what Higher Power has in store for each one of us in 2011. In loving service, Bette R., Oregon Panel 50 Delegate.

Attachment 4

	B	C	D	E	F
OREGON AREA AL-ANON 2011 PROPOSED BUDGET					
No.	Category	2011 Budget	No.	Category	2011 Budget
1	Revenue		42	Expenses [Continued]	
2	Group Contributions	13,000.00	43	Assembly Expenses	
3	Assembly Registrations	3,000.00	44	Assembly Workshops	150.00
4	State Speaker Meeting	4,000.00	45	Business Services	100.00
5	Advances	1,500.00	46	Membership Outreach A.C.	150.00
6	Cash Carried Forward	10,600.00	47	Group Services A.C.	125.00
7	Total Revenue & Shortfall	32,100.00	48	Fellowship Communication A.C.	100.00
8			49	Public Outreach A.C.	5,000.00
9	Expenses		50	Audit Budget Extra Day Expenses	350.00
10	Delegate Fund		51	Sub-Total: Assembly Workshops	5,975.00
11	WSO ETF	1,966.00	52	Coordinators	
12	Extra Day	250.00	53	Alateen	150.00
13	Delegate Meeting	1,000.00	54	Archives	50.00
14	Delegate Travel	1,000.00	55	CPC	50.00
15	Delegate Miscellaneous	250.00	56	Forum	100.00
16	Sub-Total: Delegate Fund	4,466.00	57	Group Records	150.00
17	Working Fund Expense		58	Literature	100.00
18	Archive Rent	693.00	59	Public Information	50.00
19	Area Travel Funds [ATF]	3,500.00	60	Web Master	100.00
20	Communicator	1,000.00	61	Sub-Total: Coordinators	750.00
21	SSM Advance	1,500.00	62	Delegate Meeting	
22	March Assembly Rent & Expenses	1,000.00	63	Alternate Delegate	0.00
23	July Assembly Rent & Expenses	1,000.00	64	Past Delegates	1,000.00
24	November Assembly Rent & Expenses	1,000.00	65	Sub-Total: Delegate Meeting	1,000.00
25	AWSC Rent [3 @ \$100 each]	300.00	66	Other	
26	Insurance	750.00	67	<i>Ad-Hoc/Task Force/Special Projects</i>	300.00
27	Sub-Total: Working Fund Exp	10,743.00	68	Alateen Sponsor Workshop	300.00
28	Assembly/AWSC Allowance(Meal/Lodging)		69	Contingency Fund	1,000.00
29	Officers	1,920.00	70	<i>Equipment Supplies</i>	300.00
30	Audit/Budget	900.00	71	Handbook Update	50.00
31	Coordinators	2,970.00	72	Transition Fund	358.00
32	Past Delegates	1,680.00	73	T.E.A.M. Travel	0.00
33	D.R.s at AWSC	0.00	74	Sub-Total: Other Expenses	2,308.00
34	Regional Trustee	0.00	75	Reserves	7,888.00
35	Sub-Total: Assem/AWSC Allowance(Meals/Lodging)	7,470.00	76	Total Expenses & Reserve	41,500.00
36	Officers Expenses		77		
37	Alternate Delegate	200.00	78	Budget Balancing Ledger	

38	Chairperson	100.00	79	2011 Budgeted Income	32,100.00
39	Secretary	350.00	80	2011 Budgeted Expenses	(41,500.00)
40	Treasurer	250.00	81	Experienced Shortfall of Budgeted Expenses	9,400.00
41	Sub-Total: Officers Expenses	900.00	82	Total of Budget Balancing Ledger	0.00

Budget amounts in gray have been lowered per request and/or by past experience of amounts spent.

Budget amounts in bold italics are increased or added per request and/or by economic increases.

Both Cash Carried Forward [Income] and Reserves [Expenses] were estimated using current and past Profit and Loss figures.

Attachment 5

Public Outreach Action Committee Report

Marianne C. recorder

John O and Joanne C. – public coordinator

We began by introducing ourselves and our meeting or District.

Joanne/Colleen (not present) began the project of Displaying Al-Anon in theaters back in July. The July Assembly voted to spend entire Public Outreach Area budget on this endeavor. Ads began running Nov. 5 and will continue to run through the Holidays to Jan. 13, 2011

This Public Service Announcement (PSA) is a test to find out how successful it will be. Results will be reviewed at the Feb AWSC/March Assembly. The theatre company utilized the Al-Anon bookmark with Roadsign (which is replacing crying house). Together graphics, music and animation created this 15 sec PSA that you will see today. The initial cost of creating graphics was \$525. This PSA is available only in Oregon. The cost thus far is \$1100 for Salem, 11 screens and \$2000 for Clackamas +\$525. That is \$100/screen. It is being displayed in lobbies on plasma screens. The PSA is currently displayed in Salem and Clackamas with 300,000 impressions and 120,000 views. This PSA is also being displayed in lobbies before the movies.

Joanne hopes to get approval for You tube by the WSO. She would like to see it on the Oregon area website as well. Billie L. reports that 10 buses in Salem bear the PSA on interior. Vickie, Dallas, OR, did the original research on the digital product. Roberta stated it was too expensive years ago. The projected budget was doubled in case it's a success and more cities will be added around the state. Joanne will email information to all on PO committee.

If we are successful in our Area- WSO might take notice. This is an Awareness Campaign. No action is requested just information. This is planting a seed in the theatre audience, therefore not promotion.

John O – The value of communication. This original committee has chosen to communicate in between meetings and assemblies via Yahoo groups.

1st get email invite to group.

2nd need a Yahoo email address

3rd ok Yahoo mail or set up to be delivered.

Communication is continuous, which is a useful tool.

Committees can use Yahoo group to utilize ways to do Public Outreach within our groups. John hopes to record 150 ways to Public Outreach. So far 1157 Public Outreach acts have occurred. The groups can look at the list for ideas. He hopes to get this on Oregon website with drop down file of 150 ideas for all who want to do Public Outreach but don't know what to do.

Now that budget passed – what do you want us to do? Joanne asked. After our evaluation of the success of the project, PSA in theatre, we can spread it around.

Area is for big projects.

District is for smaller expenses like Al-Anon Faces Alcoholism Public Outreach.

See Attachment 7/13/10 Al-Anon displayed by theatre.

Attachment 6

Fellowship Communications Action Committee

Opened with the Serenity Prayer.

- Worked on forum meeting in a pocket project for the Oregon area
- Went over forum & literature writing requests from the WSO on the Member's website
- Practiced skit for the Oregon Area

That's it for us

Fellowship community rocks

Carolyn H.

Attachment 7

Membership Outreach Action Committee

Communicator Article!

Put out the challenge - How creative was your GR in introducing the Communicator to your group?

We had 3 articles to choose from in the Communicator this month from the above challenge.

1st Judy J. – copied single pages from the Communicator and asked each member to read their page and share what interested them.

2nd Pat G. – took Scrabble tiles to spell Communicator and shared how important it was to read to stay in the Oregon Area loop.

3rd Barb S.– waved the Communicator around and spoke about it.

Judy J. won the prize.

How many GRs were aware of the challenge?

Future endeavors – look at skit or PowerPoint presentations of links of service to pass information on.

Maybe do a presentation to show how to access WSO and Area website to find links of service and communicator.

Attachment 8

Group Services Action Committee Report

Recorder: Kelly

- What measures need to be taken when an officer (ex: treasurer) is not doing their job?
- Do we or have we had these difficulties within our meetings?
- What measures need to be taken when an officer is not doing their job?
- Not showing up
- Not following through with responsibilities of their job.

Whose responsibility is it to address the issue?

Suggestions: we all have accountability for our jobs that are voluntary.

How do groups address these issues?

- Monthly business meetings
- Group conscience
- Make a decision and follow through with action
- Don't take it personally.

Recorder: Daun B.

Topic – How do we manage disruptive behavior?

Service Manual references

Old 48-49, new 51-52

Old 80, new 79

Old 165, new 171

Problems are inevitable!

Solutions from Service Manual

- Read the 3 obstacles to success
- Periodically take group inventory using Group Inventory form G-8
- Group rededication to the group's primary purpose
- Chairing meetings on the concepts and traditions
- If not resolved at the group level, seek guidance by using the links of service from District, Area Assembly and World Service Office.

Now we want to hear the voice of experience.

How have you handled disruptive behaviors?

3. How do we welcome newcomers while nurturing the rest of the meeting members?

Share experience, strength and hope.

Welcome newcomers: newcomers' packets, phone list

Meeting format – newcomers welcome.

Newcomers can relate, old timers too – we've been there, what it was like, what happened, what brought you to Al-Anon?

Inspiration and Hope

What's it like today? The miracle we got from being in the program – the dramatic difference in our lives, from where we were before Al-Anon, to what it's like now.

When I first came -

Some groups with their format already plan to have members share experience, strength, and hope when there are newcomers.

As GR's if our group doesn't already do this, we can propose it to our group or do it in our own shares.

Attachment 9

Business Services Action Committee

The Business Services Committee has been reviewing the 80 mile reimbursement policy that is listed in the guidelines for reimbursement of travel expenses. Our research presented the following timeline.

1. The travel fund started in 1975 at the May assembly
2. The travel was reimbursed starting at 25 miles and did not originally include officers.
3. In 1983 the reimbursement was raised from 5 cents per mile to 10 cents per mile.
4. 1984 – The first time 80 miles was instituted
5. 2003 – There was a discussion that if a person lived within 25 miles or less, there would be no reimbursement
6. 2004 – The mileage was increased to 12 cents reimbursement with the 80 mile rule.
7. 2005 – The mileage was increased from 12 cents to 20 cents
8. 2008 – mileage increased to 25 cents
9. 2010 – mileage chart used with 80 mile rule

The history of the 80 mile rule came during the economic crisis in the 80s. It was a way for the state to save some money. Also, this rule was passed before there was voluntary registration fees collected.

To date, several have stated concerns over the 80 mile rule policy. The concerns included possible exclusion from service of those who cannot afford 80 miles. Also, many have stated that they are frustrated that they are not reimbursed for their actual mileage.

Worldwide, the Oregon Area is one of the few states that offer mileage reimbursement. In many years past, reimbursement at the Area level was never offered. On the other hand, other states do offer reimbursement including rates as high as 50 cents per mile (matching the government stated rate)

If removed, the committee estimated that the expense to the Area would be approximately \$800 per year.

After much discussion, the Business Services Committee will be making the following recommendation: In the spirit of Keeping It Simple, we will be proposing at the next AWSC to consider an agenda item for the March 2011 Assembly. We recommend removing the 80 mile exclusion for reimbursement. Also, we will propose using the mileage chart only for reimbursement. Although it may not be the EXACT mileage that was expended, it would be very close. It would also minimize paperwork for the Treasurer and simplify the reimbursement process.

Business Services is also preparing an education piece on how we can spend our money prudently as trusted servants. We discussed the possibility of a workshop, power point presentation, or an article in the communicator.

Thank you for the opportunity to be of service.
The Business Services Committee.

Attachment 10

Assembly Action Committee Report back, Group Service

Ted – Archives Report

Jodi gave the Archives Report. 234 groups in OR – only 52 have submitted group histories
Jodi has group history forms.

Ad Hoc Archives committee is just getting off the ground.

We have 5000 pages of AWSC and Assembly minutes that could be scanned for \$568.

To scan or not to scan? Input from Assembly, other options, acid free covers, etc are expensive too.

Workshop addressed 3 questions

Split into 3 groups to make 3 3 minute reports to assembly. (Questions on handout)

The presenters: Q1 Daun B.

Q2. Kelly C.

Q3. Linda R.

Suggestions for next topic to be addressed on following page – we didn't choose one.

What do groups want/need to make groups healthier? A suggestion box for next assembly is one possibility. This led to a discussion of the links of service, and it was clarified that the GRs at the action committee bring their reports to the districts so all GRs in each district can take the information to each group. Groups can send their suggestions through the same links of service. Someone commented that for new GRs this can be like a Chinese menu in Chinese – what do all these squiggles mean? New GRs can be further educated and empowered.

Other suggestions:

- Attracting and building Alateen.
- Attracting more diverse members in general
- A links of service page with all contacts to be handed out to groups.

- How to make the GR's better able to actually represent the groups so members really run Al-Anon – making this a 2 way street, not only bringing info to the groups.
- Which to go with? We didn't decided,

Ted X, District 7.

Attachment 11

Group services presentation Group sharing

Tedie - Chairperson for our meeting, duty for collecting money for fund raisers. We discovered she didn't turn in the money the first money. Being a good Al-Anon, I hated confrontation and didn't ask her. One month, two months, three months went by. I threw out slogans; HP will make it happen, My business, her business. Six months or later at business meeting, no money had been turned in. I realized that I needed to confront this person. One reason she was taking it was that she was in a difficult Applying principles of program doesn't mean just applying it to troubled people but also applying it to people within the program. I realized how much I disliked confrontation but I needed to accept this as my job. Confrontation is much easier when done quickly, instead of putting it off. Looking back now, I would have given her the first month, but I wouldn't have given her the 2nd month but I was just petrified about confronting her.

Brenda M. – We once had a treasurer not coming. We did replace them. We had a man, who wasn't there for the meeting played the piano. The chair asked him to please not play piano. Someone had to confront him. I asked him to go outside. He came back and said "she said that she would come out to talk to me." Took several people coming together to confront him.

Trish M (District 11) – in Morning Glory meeting we read the three C's (didn't cause it, can't change it and can't cure it)

Mel – It occurred to me the idea of attraction rather than promotion encourages people to do service work. When we have the most difficult time is when we have promoted someone into a service position, who is not ready. In regards to handling money and a treasurer, this happened. Service in the program is best encouraging someone to take on the responsibility once they understand what that responsibility is.

Barb (District 4) – Recently a meeting in a small town was having problems. I received an email from another group in that town saying that the first group had closed. I told them how to go about the process of closing the meeting. The member disclosed that it closed because of a disruptive person. They kept losing people because of this person and eventually everyone went to the other meeting which was healthy. Concern was that this person might follow them to the other meeting. Lovingly tell the person, if you want to come to the meeting bring your sponsor with you. Sponsorship is where people get better.

Carol (District 15) – One problem that I have seen is a combination of people being disruptive within a meeting and individuals working outside of group in disruptive ways, either gossip or something that they have an agenda about. This comes back to the meeting. I brought it up to the Service Group meeting. Judy J suggested Pamphlet 4 be used at the next problem meeting. Checklist for

evaluating maturity will be gone through. We respect those in the meetings with us not just the alcoholic.

John – We had a group meeting that was losing focus and there was some inappropriate sharing and different stuff going on in meeting that we felt that it was falling apart. Let's try working out of literature for awhile. We pulled out "How Al-Anon Works". Everybody read a little chunk of it and then everybody shared. People said how long they had been in program and never had known some of the specific suggestions in the reading. The next meeting was on sponsorship. Four people after that went out and got sponsors.

Bridget - I liked most of your suggestions. Even though I behave myself at most meetings, when I first went to District 6, I got testy with someone who was challenging what I said.

Kim (District 6) - We have been through a lot this week. We had to have an emergency meeting to deal with a financial meeting. We are learning not to let it go under the rug and to have the courage to talk about the hard stuff. We are learning how to use Business meetings to aid the community. It's a testimonial to doing service. This grows our personal programs in a whole new way.

Rea (District 6) – I have the best home group in Lane county. Several years ago there was a large meeting that I was attending, 30-40 people. One member would dominate the meeting by sharing 10-15 minutes. I called that garbage dump, what they were sharing. People talked to this person afterwards. People invited them to coffee to share over coffee rather than at the meeting. The person was not receptive. The group had a business meeting and decided to introduce a timer. The person was very much against the timer. We had a business meeting every month to listen to discussion over the timer. Limit was 3 minutes with 1 minute wrap up. The person never came back to the meeting after the timer was introduced. The meeting still uses timer.

Linda - when I travel I like to attend meetings. I attended meetings in Hawaii. They had a timer and a bell. After a couple of minutes, if a person went through the timer, the bell would sound. I thought it was a very effective technique.

Barb (District 7) - what I am learning so much is the importance of a having a sponsor. I thought that the deeper that I shared during a meeting the better I was in my recovery. Then I found that I needed to share that with a sponsor.

Susan – (Past Delegate, District 6) – I would like to share what happened a couple of years ago. This person started attacking me on the internet when I was the DR. That is why we are so protective of the email addresses that we put on the roster. They got so disturbing, I stopped going on the internet. One afternoon, my husband said that some strange man left a disturbing message on the phone. After I finished listening to it, I told Jim about it. We went and opened up the emails. Jim was disturbed by this threat. Jim phoned the man and left a message to leave Susan alone. Told the man that he worked for the sheriff and if he doesn't stop, he would report him. The hard part was that this man was attending my home group. This man was starting to stalk some of the women in the group. We called a special meeting to discuss this. We had 2-3 women who felt very uncomfortable around this man. He didn't attend the meeting that we announced; we developed a plan who to protect these women. The man never came back. It took those women talking to someone else, letting them know how they felt. Because we came together rather than trying to do it one by one, it was solved.

Kim S (District 6) - I am going to share about the above. That gentleman called me at home. We can say to people that it is inappropriate and do not call me again or I will call police. We learn in this

program that unacceptable behavior is unacceptable. I was very firm with him. We can be assertive for our protection. There was no gossip, we allowed him to be there, and he obviously needed something.