

Twelve Traditions of Alateen

Our group experience suggests that the unity of the Alateen Groups depends upon our adherence to these Traditions:

- 1. Our common welfare should come first; personal progress for the greatest number depends upon unity.**
- 2. For our group purpose there is but one authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.**
- 3. The only requirement for membership is that there be a problem of alcoholism in a relative or friend. The teenage relatives of alcoholics, when gathered together for mutual aid, may call themselves an Alateen Group provided that, as a group, they have no other affiliation.**
- 4. Each group should be autonomous, except in matters affecting other Alateen and Al-Anon Family Groups or AA as a whole.**
- 5. Each Alateen Group has but one purpose: to help other teenagers of alcoholics. We do this by practicing the Twelve Steps of AA *ourselves* and by encouraging and understanding the members of our immediate families.**
- 6. Alateens, being part of Al-Anon Family Groups, ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.**
- 7. Every group ought to be fully self-supporting, declining outside contributions.**

- 8. Alateen Twelfth Step work should remain forever nonprofessional, but our service centers may employ special workers.**
- 9. Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.**
- 10. The Alateen Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.**
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members.**
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.**